D-E PA Parent Education Committee Description

The Parent Education Committee (Parent Ed.) is the umbrella under which all events that have to do with educating parents are organized and planned. These include bringing in speakers, workshops, and films, coordinating Parent In Action (“PIA” - see below) discussions, and creating and organizing Parents Educating Parents (“PEP”) Talks.

The PIA is a non-profit volunteer organization, a consortium of NYC based independent schools, of which Dwight-Englewood is now a member. On our Parent webpage, https://pa.d-e.org/parents-in-action-pia/, you will find a link to the PIA, which includes all sorts of programming and seminars that it offers throughout the independent schools of NYC and all sorts of articles on parenting topics.

Moreover, we have now started offering PIA-facilitated parent discussion groups for several of the grades here at Dwight-Englewood School. These Parent Talks provide platforms for parents to develop parent-to-parent and parent-to-child communication. In safe, non-judgemental, confidential meetings, two professionally trained Facilitators encourage parents to share with other parents in their child’s grade their concerns, perspectives and strategies related to raising children in New York City and the surrounding suburbs.

We plan and organize other small, informal discussion groups for parents, called PEP Talks, usually, but not always, led by members of the School community. These are open to any parent at Dwight-Englewood School. Examples of past discussions are educating your children about financial responsibility, how to help your children manage stress, how to increase resiliency in our children, among others. We base these discussion on books, articles, TED Talks, etc.

Our Parent Ed. link on the Parents webpage, https://www.d-e.org/Academics/Student-Support-Services/Parent-Resources, contains a tremendous number of resources on any number of topics that you may be struggling with or interested in, whether it be health and wellness, mental health, substance use, sexual education and much more. Furthermore, there are links to recommended parenting books.